

# Cardio Jive

**COPPER KNOB**  
DANCE CENTER

**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Ike & Virginia Po

**Music:** Every Little Thing by Carlene Carter



## **TOE, HEEL TOUCH, CROSS STEP, TOE, HEEL TOUCH, CROSS STEP, ROCK RECOVER**

- 1-3                    Touch R toe to L instep, touch R heel to side, cross step R over L  
4-6                    Touch L toe to R instep, touch L heel to side, cross step L over R  
7-8                    Rock R back, recover L forward

## **LINDY SHUFFLE, ROCK RECOVER, ½ TURN SHUFFLE, ROCK RECOVER**

- 1&2                    Step R to side, step L next to R, step R to side  
3-4                    Rock L back, recover R forward  
5&6                    ½ turn R step L back, step R back, step L next to R  
7-8                    Rock R back, recover L forward

## **BOOGIE WALK, SHUFFLE, SHUFFLE FORWARD**

- 1-4                    Walk R L R L forward with knee slightly bent, body leaned backward & toes pointed out

**(Style - Open hands at waist level with palms facing forward, spread fingers while shaking hands)**

- 5&6                    Step R forward, step L next to R, step R forward  
7&8                    Step L forward, step R next to L, step L forward

## **KICK, KICK, SAILOR STEP, KICK, KICK SAILOR STEP WITH ¼ TURN L**

- 1-2                    Kick R forward & side  
3&4                    Step R behind L, step L next to R, step R to side  
5-6                    Kick L forward & side  
7&8                    Step L behind R, step R next to L, ¼ turn L step L to side

## **START OVER**

**TAG: At the end of the 4th & 8th wall (facing 12 o'clock) add jazz box**

## **JAZZ BOX**

- 1-4                    Cross R over L, step L back, step R to side, step L next to R

**Choreographer Contact Information: September 30, 2011**

**Ike & Virginia Po (917) 417-6403**

**Email: [ikeyp@yahoo.com](mailto:ikeyp@yahoo.com), [virginiawee@yahoo.com](mailto:virginiawee@yahoo.com)**

**Enjoy & have fun!**