

# CAUGHT IN THE ACT

**Count:** 64    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Ann Wood

**Music:** Who's Been Sleeping In My Bed by Glenn Frey

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## **RIGHT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR STEP**

- 1&2            Kick right diagonally forward, step right together, cross left over right  
3&4            Repeat counts 1&2  
5-6            Rock right to side, recover onto left  
7&8            Cross right behind left, step left together, step right together

## **LEFT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR TURN ¼**

- 9&10           Kick left diagonally forward, step left together, cross right over left  
11&12          Repeat counts 9&10  
13-14          Rock left to side, recover onto right  
15&16          Cross left behind right, turn ¼ left (weight to right), step left forward

## **ROCK, ROCK, RIGHT COASTER STEP, ROCK, ROCK TRIPLE TURN ½ TO LEFT**

- 17-18          Rock right forward, recover to left  
19&20          Step right back, step left together, step right forward  
21-22          Rock left forward, recover to right  
23&24          Shuffle back turning ½ left and step left, right, left (3:00)

## **SYNCOPATED FORWARD ROCK STEPS, BACK LEFT SHUFFLE, ROCK STEP**

- 25-26          Rock right forward, recover to left  
&27-28          Step right together, rock left forward, recover to right  
29&30          Shuffle back stepping left, right, left  
31-32          Rock right back, recover to left

## **RIGHT AND LEFT TOUCH HOLDS, RIGHT & LEFT HEEL SWITCHES, STEP FORWARD, ¼ PIVOT TURN LEFT**

- 33-34          Touch right to side, hold  
&35-36          Step right together, touch left to side, hold  
&37&38          Step left together, touch right heel forward, step right together, touch left heel forward  
&39-40          Step left together, step right forward, turn ¼ left (weight to left, 12:00)

## **CROSS SHUFFLE, HINGE TURN TO RIGHT, CROSS ROCK, SIDE SHUFFLE**

- 41&42          Cross right over left, step left to side, cross right over left  
43-44          Turn ¼ right and step left back, turn ¼ right and step right together  
45-46          Cross/rock left over right, recover onto right  
47&48          Shuffle to side stepping left, right, left

## **CROSS TOUCH, SLOW HEEL JACKS**

- 49-50&          Cross right over left, touch left toe behind right, drop left heel  
51-52          Touch right heel diagonally forward, hold

- &53-54 Step right together, cross left over right, hold  
&55-56 Step right together, touch left heel diagonally forward, hold

**CROSS, TURN  $\frac{1}{4}$  RIGHT, COASTER STEP, WALK, WALK, SHUFFLE**

- &57-58 Step left together, cross right over left, turn  $\frac{1}{4}$  right and step left back  
59&60 Step right back, step left together, step right forward  
61-62 Step left forward, step right forward  
63&64 Shuffle forward left, right, left

Alternative steps for 61-62: full turn left

**REPEAT**