

# One Shot

**Count:** 64    **Wall:** 4    **Level:** Easy Intermediate

**Choreographer:** Kate Sala & Robbie McGowan Hickie (UK) Oct 2013

**Music:** "Stripes" by Brandy Clark. CD: Single "Stripes" (164 bpm)

---

## 32 Count intro

### **2 x Toe Struts Diagonally Forward (Out-Out). Back Rock. 2 x Kicks Diagonally Forward.**

- 1 – 2            Step Right toe Diagonally forward Right. Drop Right heel to floor.  
Step Left toe Diagonally forward Left. Drop Left heel to floor. (Feet Shoulder Width  
3 – 4            Apart)  
5 – 6            Rock back on Right. Rock forward on Left.  
7 – 8            Kick Right Diagonally forward Right x 2.

### **Back Rock. Extended Vine Right. Touch.**

- 1 – 2            Rock back on Right. Rock forward on Left.  
Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross step  
3 – 6            Left over Right.  
7 – 8            Step Right to Right side. Touch Left toe beside Right.

### **Side Step Left. Hold. & 1/4 Turn Left. Hitch. 1/2 Turn Left. Hitch. 1/4 Turn Left. Hitch.**

- 1 – 2            Long step Left to Left side. Hold.  
Step ball of Right beside Left. Make 1/4 turn Left stepping forward on Left. Hitch Right  
&3 – 4            knee up.  
5 – 6            Make 1/2 turn Left stepping back on Right. Hitch Left knee up.  
7 – 8            Make 1/4 turn Left stepping Left to Left side. Hitch Right knee up. (Facing 12 o'clock)

**\*\*Restart - Wall 3\*\***

### **2 x Prissy Walks Forward with Holds. Right Mambo 1/2 Turn Right. Hold.**

- 1 – 4            Cross step Right forward over Left. Hold. Cross step Left forward over Right. Hold.  
Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on  
5 – 8            Right. Hold.

### **Cross Rock. Side Rock. Left Jazz Box 1/4 Turn Left. Hold.**

- 1 – 2            Cross rock Left over Right. Rock back on Right. (Facing 6 o'clock)  
3 – 4            Rock Left out to Left side. Recover weight on Right.  
5 – 8            Cross step Left over Right. Make 1/4 turn Left stepping back on Right. Step Left to  
Left side. Hold.

### **Right Lock Step Forward. Hold. Full Turn Right. Sweep.**

- 1 – 4            Step forward on Right. Lock step Left behind Right. Step forward on Right. Hold.  
(Facing 3 o'clock)  
5 – 7            Make a Full turn Right (on the spot) stepping Left. Right. Left.  
8                Sweep Right out and around from Front to Back.

**Right Sailor Step. Hold. Cross Rock 1/4 Turn Left. Hold.**

- 1 – 4            Cross Right behind Left. Step Left to Left side. Step Right to Right side. Hold. \*\*See Ending Below\*\*
- 5 – 6            Cross rock Left over Right. Rock back on Right.
- 7 – 8            Make 1/4 turn Left stepping forward on Left. Hold. (Facing 12 o'clock)

**Step. Pivot 1/2 Turn Left. Step Forward. Hold. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Drag.**

- 1 – 4            Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. Hold. (Facing 6 o'clock)
- 5 – 6            Step forward on Left. Pivot 1/2 turn Right.
- 7 – 8            Make 1/4 turn Right stepping Left Long step to Left side. Drag Right towards Left. (Facing 3 o'clock)

**Start Again**

**Restart: Dance Counts 1 – 24 of Wall 3... then Start the Dance again from the Beginning (Facing 6 o'clock)**

**Ending: Music ends During Wall 8...Replace Right Sailor with: Right Sailor 1/4 Turn Right – Hold & Pose (End Facing 12 o'clock)**