

**Count:** 32      **Wall:** 4      **Level:** Beginner  
**Choreographer:** Niels Poulsen, DK (Jan 10)  
**Music:** Sentimental by Gareth Gates

**Intro: 32 counts from first beat in music (app. 18 seconds into track).  
 Start with weight on L foot.**

**Note: After 16 counts DURING your 6th wall the music changes to a slightly slower speed over the next 32 counts into 7th wall... just keep on dancing!**

**Extra note:**

**This is a floor-split to Rachael McEnaney's Int/adv dance Sentimental.  
 In this way our beginners can get on the floor to the same music... Thanks Rachael.**

**Country Alternative: Steam by Ty Herndon**

**(1–8) Walk fw R L, R mambo step, walk back L R, L coaster step**

1–2            Walk fw R (1), walk fw L (2) [12:00]  
 3&4           Rock R fw (3), recover on L (&), step back on R (4) [12:00]  
 5–6           Walk back L (5), walk back R (6) [12:00]  
 7&8           Step back on L (7), step R next to L (&), step fw on L (8) [12:00]

**(9–16) Side switch R and L, L sailor step, R jazz box, step fw L**

1&2           Point R to R side (1), bring R next to L (&), point L to L side (2) [12:00]  
 3&4           Cross L behind R (3), step R to R side (&), step L a small step to L side (4) [12:00]  
 5–6           Cross R over L (5), step back on L (6) [12:00]  
 7–8           Step R to R side (7), step fw on L (8) [12:00]

**(17–24) R rocking chair, R triple fw, Repeat but with Left foot**

1&2&          Rock fw on R (1), recover on L (&), rock back on R (2), recover on L (&) [12:00]  
 3&4           Step fw on R (3), bring L next to R (&), step fw on R (4) [12:00]  
 5&6&          Rock fw on L (5), recover on R (&), rock back on L (6), recover on R (&) [12:00]  
 7&8           Step fw on L (7), bring R next to L (&), step fw on L (8) [12:00]

**(25–32) Step fw R, ½ L, step fw R, ¼ L, R mambo step fw, L coaster step**

1–2           Step fw on R (1), turn ½ L stepping onto L (2) [6:00]  
 3–4           Step fw on R (3), turn ¼ L stepping onto L (4) [3:00]  
 5&6           Rock R fw (5), recover on L (&), step back on R (6) [3:00]  
 7&8           Step back on L (7), step R next to L (&), step fw on L (8) [3:00]

**Begin again!**

**ENDING: Gareth Gates music - To end facing 12:00: music starts to fade during 10th wall (facing 3:00). Do the first 6 counts of the dance but replace the L coaster step with a Left sailor ¼ L: cross L behind R (7), turn ¼ R stepping onto L (&), step fw on L (8).**

**Ty Herndon music - To end facing 12:00: You'll complete the whole dance facing 6:00.  
 Just make a step ½ turn L. 12:00**