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Ongoing and Upcoming Exhibitions

- 14.1.-27.1.2019 *Strange worlds – Outoja maailmoja* (Graduation exhibition, Alfa-Art School), Puristamo, Kaapeli, Helsinki.
- 1.2.-28.2.2019 *Essences of Color – Version 1 (Värin olemuksia – versio 1)*, solo exhibition, Gallery SEINÄ, Union of Finnish Art Associations, Helsinki.
- 24.2.-23.3.2019 *Be free! (Vapaudu!)*, group exhibition, Jorvi Hospital Gallery, Espoo.
- 1.-26.4.2019 *Essences of Color – Version 2 (Värin olemuksia – versio 2)*, solo exhibition, Kupolisali, Kallio library, Helsinki.
- 1.-30.4.2019 *Name to be determined*, solo exhibition, Gallery Kantti, Helsinki.
- 1.-31.8.2019 *Essences of Color – Version 3 (Värin olemuksia - versio 3)*, solo exhibition, Meilahti hospital gallery, Helsinki.
- 1.-21.12.2019 *The Anatomy of the Hole – Interpretations of the Layered Interpretation of Visuality and Literature – Installations (Reiän anatomia - kuvallisuuden ja kirjallisuuden kerroksellisesta tulkinnasta – Installaatioita)*, solo exhibition, Art Center Ahjo, Kytö-room, Joensuu.

Solo Exhibitions

- 2018 *From literary arts to visual arts (Sanataiteesta kuvataiteeksi)*, solo exhibition, Volunteer Centre Virsu, Riihimäki.

Juried Group/Joint Exhibitions

- 2018
- *Visit exhibition 2018 (Visiitti näyttely 2018)*, Association of Uusimaa's Artist's Associations, Promenade Gallery, Hyvinkää.
 - *Mystique (Mystiikkaa)*, East Helsinki Art Association 39th annual exhibition, Cultural Center Stoa, Helsinki.
 - *Finnish Artists' Association 50-year celebratory exhibition*, Valssaamo, Kaapeli, Helsinki.
 - *Art Park 18 – History and today in environmental art (Taidepuisto 18 – Ympäristötaiteen historiaa ja nykypäivää)*, Association of Uusimaa's Artists' Associations, Vanhankylä Manor, Järvenpää
 - *Espoo Art Association annual exhibition 2018*, Valssaamo, Kaapeli, Helsinki.
 - *Northern Light (Pohjoinen valo)*, Viipuri Artists' Association's 88th annual exhibition, Gallery Myötätuuli, Raahe City Cultural Services, Raahe.
- 2017
- *Poem from image – image from a poem (Kuvasta runo – runosta kuva)*, Espoo Art ry, 41th vuosiannual exhibition, Puristamo, Kaapeli, Helsinki.
 - *Visit-exhibition*, Association of Uusimaa's Artists' Associations, Kässä, Lohja.
 - *Daily life and dreams in the 100 year Finland (Arki ja unelmat 100-vuotiaassa Suomessa)*, Itä-Helsinki Art Association, 38th annual exhibition, Vuotalo Cultural Center, Helsinki.
 - *Finnish Artists' Association*, 49th annual exhibition, Valssaamo, Kaapeli, Helsinki.
 - *Kerava Manor Summer Exhibition*, KuumArt Art Association, Kerava.
 - *Finnish Mindscape (Suomalainen mielenmaisema)*, Itä-Helsinki Art Association, Villa Tomtebo, Helsinki.

Group/Joint Exhibitions

- 2018
- *Richness of life and beauty of death (Elämän rikkaus ja kuoleman kauneus)*, ARMAS festival, Gallery Alli, Kerava.
 - *Aquarelle NOW (Akvarelli NYT)*, Union of Finnish Art Associations. Arranged in conjunction of the *Juhlat/Bileet/Party/FEST/Hieje – festival* as non-stop projection, Art Center Ahjo, Joensuu.
 - *From years past (Vuosien varrelta)*, KuumArt, Kerava Manor, Kerava.
 - *See? (Näet-kö?)*, Hotel Gustavelund, Tuusula.
 - *(Earth) Maa*, Gallery Dix, Espoo Art Association, Helsinki.
 - *HALOO!* Alfa Artr School, Puristamo, Kaapeli, Helsinki.
 - *Group exhibition*, Gallery Tärinä, Riihimäki.
 - *Artists book and installation project (Esinekooste- ja taidekirjaprojekti)*, Klementiina Hall, Tuomarinkylä Manor, Helsinki.

- Riihimäki Artists' Association, Annual exhibition 2018, Riihimäki City Library, Riihimäki.

- 2017
- *Abstract Paintings from Alfa Art School (Abstrakta målningar from Alfa-Art Konstskola)*, Helsingfors Arbis, Helsinki.
 - Espoo Art's Exhibition at PMC Polarteknic OY, Huittinen.
 - Riihimäki Artists' Association, Annual exhibition 2017, Riihimäki City Library, Riihimäki.
 - *My treasures in Aapeli (Aarteeni Aapelissa)*, Gallery Aapeli, Helsinki.
- 2016
- Alfa Art School 25th Celebratory Exhibition, Kaapeli, Helsinki.

Competitions

- 2018
- Vanhankylä manor art competition, *Lovely light (Ihana valo)*, Vanhankylä Manor, Järvenpää.
- 2017
- Finland 100 art competition, *Together here (Yhdessä täällä)*, Vanhankylä Manor, Järvenpää.

Art Education

- 2015 →. ends in January 2019. 3½-year visual artist's education, Alfa Art School, Helsinki.
- 2012 Creativity and social pedagogics specialisation studies, Häme University of Applied Sciences.
- Courses 2017 ImageOn graphics, 2015 nude painting, 2004 Vedic art basic course, Vedic art continuation course, Vedic art teacher course.

Other Education

- 2015 Master of Adult Education, Tampere University.
- 2008 Certified Work Supervisor (Työnohjaaja), Suomen työnohjaajat ry, STORY, Diakonia University of Applied Sciences.
- 2005 Solution-Focused Coach, University of Helsinki, Palmenia.
- 2004 Legalised Teacher Certification, Helia University of Applied Sciences
- 2002 NLP Trainer (2001 Master Practitioner (solution-focused), 2000 NLP Practitioner (Ratkes)
- 2000 PGC in HRM, Graduate Business School, Fac. of Business and Law, De Montfort Univ., UK
- 1991 Master of Philosophy, University of Helsinki.

Memberships

- 2018 →. KuumArt
- 2017 alk. Finnish Watercolor Society, Espoo Art Association, Itä-Helsinki Art Association., Finnish Artists, Riihimäki Artists Association.

ELIZABETH SAN MIGUEL

ARTIST STATEMENT

Stating My Artistic Base

The **themes** of my art arise from nature and that "something" inside and outside the human being that is difficult to express, because it is about presence and experiencing. The most likely way to reach some kind of an expression of this "something" is through abstract art, daring poetry, music, dance or meditation. This *undescrivable* exists in a multifaceted and multilayered manner as inklings of thought, emotion, anticipation, stillness and rippling. It is spirituality that represents for each of us that which is most precious, most intimate and most atavistic. We are it in our daily lives and it surrounds us always. The theme is a paradoxical one: how to create representations – especially visual representations – of something that the artist herself considers almost impossible to describe. On the one hand, the theme is a very ordinary one, and, on the other, it can be considered quite lofty.

Currently, I paint using **techniques** that facilitate fast, layered work processes. Somewhat paradoxically perhaps, this type of work process is also slow and enticingly meditative because of the many phases it requires. Also *tache* is an important concept for me. This French word refers to a mark, blot, spot or a blemish. My works consist of marks that conjecture and surmise the undescrivable. In doing so, the marks aim to create one possible language of and for the undescrivable. It is a language that each viewer interprets in his own way. Structural effects form another essential tool for me. I create structures with everything that I find around me. These three techniques help me attain expressions of the undescrivable. Life, being, experiencing and dying cannot be illustrated or expressed through the artist's brush only – as essential a tool as the brush is for any artist. A richer variety of tools are necessary.

Also **concept art** fascinates me with its immense expressive potential, which is quite different from the more traditional painting. Artist's books and environmental artworks allow me to take up through art controversial current issues that are of personal interest to me.

I give a hint to the viewer about what a specific piece of art means to me by naming it. That name is only one person's **interpretation**. The viewer can name it in any manner he desires – or not. It is specifically in the viewer's interpretation process where expressing the undescrivable becomes most valuable to me as the artist – as challenging as it can be to both create and view the pieces. It is in this interaction of viewing and experiencing that any piece of art gains its unique meaning – its reason for existence. The meaning does not need to be explained, because it *is* and *is being* in the moment of viewing. In this interaction, the piece lives, creates meanings and is reborn as another illustration of the undescrivable in the viewer's mind, body and life's relationships with the organic and inorganic. My art aims to give rise to feelings, moods and bodily sensations as it interacts with the viewer.