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Ongoing and Upcoming Exhibitions

- 4.2.-3.3.2020 KuumArt Association's annual exhibition 2020, Gallery Järnätti, Järvenpää Cultural Center, Järvenpää. Opening 6.2.2020 10:00-20:00.
- 17.-25.3.2020 Haagan taideseuran vuosinäyttely 2020, Puristamo, Kaapelitehdas. Avajaiset ilmoitetaan myöhemmin.
- 1.-28.4.2020 Inky Meditations, Kanneltalo Cultural Center, Helsinki.
- 8.-26.4.2020 Espoo Art 44th Annual Exhibition, Puristamo, Kaapelitehdas. Opening 7.4.2020 17:00-18:00.
- 22.6.-12.7.2020 *Four Elements: AIR, Group Exhibition*, Gallery AVA, Helsinki. Opening 23.6.2020 18:00-20:00.

Solo Exhibitions

- 2020 • *Inky Meditations*, Kanneltalo Cultural Center, Helsinki.
- 2019 • *The Anatomy of the Hole – Interpretations of the Layered Nature of Visuality and Literature – Installations (Reiän anatomia - kuvallisuuden ja kirjallisuuden kerroksellisesta tulkinnasta – Installaatioita)*, Art Center Ahjo, Kytö-room, Joensuu.
- *Essences of Color (Värin olemuksia)*, Meilahti hospital gallery, Helsinki.
- *Strange Worlds (Outoja maailmoja)*, Gallery Kantti, Helsinki.
- *Essences of Color (Värin olemuksia)*, Kupolisali, Kallio library, Helsinki.
- *Essences of Color*, Gallery SEINÄ, Union of Finnish Art Associations, Helsinki.
- 2018 • *From Literary Arts to Visual Arts (Sanataiteesta kuvataiteeksi)*, solo exhibition, Volunteer Centre Virsu, Riihimäki

Juried Group and Joint Exhibitions

- 2020 • Espoo Art 44th Annual Exhibition, Puristamo, Kaapelitehdas, Helsinki.
- KuumArt Association's annual exhibition 2020, Gallery Järnätti, Järvenpää Cultural Center, Järvenpää.
- *Four Elements: AIR, Group Exhibition*, Galleria AVA, Helsinki. (Curated by gallerist)
- 2019 • Association of Uusimaa's Artist's Associations, *New Images of Land 2019 (Uudet Maan Kuvat 2019)*, Puristamo, Kaapeli, Helsinki
- *Viipuri Artists' Association, Annual Exhibition 2019*, Art Center Ahjo, Joensuu.
- *ArtPark19 Environmental Art Exhibition (Taidepuisto19 ympäristötaidenäyttely)*, Association of Uusimaa's Artist's Associations, Promenade Gallery, Hyvinkää. Kässä Manor Park, Lohja.
- *KuumArt Annual Exhibition*, Rantatie Gallery, Tuusula.
- *KuumArt Summer Exhibition*, Lapila Manor House, Kerava.
- *Water*, joint exhibition by Espoo Art, Gallery 4-kuus, Helsinki. (Curated by gallerist)
- *Kevätkimara*, group exhibition, GalleriAri, Mikkeli.
- *Dreams and Utopias*, Haaga Art Society's Annual Exhibition 2019, Puristamo, Kaapelitehdas.
- *Espoo Art Association 43rd annual exhibition*, Valssaamo, Kaapelitehdas, Helsinki.
- *Memories and Illusions (Muistikuvia ja illuusioita)*, East Helsinki Art Association 40th annual exhibition, Puristamo, Kaapelitehdas, Helsinki.
- *PISTE Exhibition (PISTE-näyttely)*, Gallery Tärinä, Riihimäki.

- 2018
 - *Visit exhibition 2018 (Visiitti näyttely 2018)*, Association of Uusimaa's Artist's Associations, Promenade Gallery, Hyvinkää.
 - *Four Elements: Earth*, Gallery Dix, Espoo Art Association, Helsinki. (Curated by gallerist)
 - *Mystique (Mystiikka)*, East Helsinki Art Association 39th annual exhibition, Cultural Center Stoa, Helsinki.
 - *Finnish Artists' Association 50-year celebratory exhibition*, Valssaamo, Kaapelitehdas, Helsinki.
 - *Art Park18 – History and today in environmental art (Taidepuisto18 – Ympäristötaiteen historiaa ja nykypäivää)*, Association of Uusimaa's Artists' Associations, Vanhankylä Manor, Järvenpää
 - *Espoo Art Association annual exhibition 2018*, Valssaamo, Kaapelitehdas, Helsinki.
 - *Northern Light (Pohjoinen valo)*, Viipuri Artists' Association's 88th annual exhibition, Gallery Myötätuuli, Raahe City Cultural Services, Raahe.
- 2017
 - *Poem from image – image from a poem (Kuvasta runo – runosta kuva)*, Espoo Art ry, 41th vuosiansuunnitelma exhibition, Puristamo, Kaapelitehdas, Helsinki.
 - *Visit-exhibition*, Association of Uusimaa's Artists' Associations, Kässä, Lohja.
 - *Daily life and dreams in the 100 year Finland (Arki ja unelmat 100-vuotiaassa Suomessa)*, Itä-Helsinki Art Association, 38th annual exhibition, Vuotalo Cultural Center, Helsinki.
 - *Finnish Artists' Association*, 49th annual exhibition, Valssaamo, Kaapelitehdas, Helsinki.
 - *Kerava Manor Summer Exhibition*, KuumArt Art Association, Kerava.
 - *Finnish Mindscape (Suomalainen mielenmaisema)*, Itä-Helsinki Art Association, Villa Tomtebo, Helsinki.

Group/Joint Exhibitions

- 2019
 - *Loneliness* Armas-festival, Gallery Alli, Kerava.
 - *Tatinis Art Show – Hope, Peace, Love*, myyntinäyttely, Wanha Satama, Helsinki.
 - *Tatinis Art Show – Hope, Peace, Love*, myyntinäyttely, F1 Pit Building, Singapore.
 - *Spring Selection*, yhteisnäyttely, GalleriAri, Mikkeli.
 - *Free Yourself!* Ryhmänäyttely, Jorvin Galleria, Espoo.
 - *Strange worlds (Graduation Exhibition, Art SchoolAlfa)*, Puristamo, Cable Factory, Helsinki.
- 2018
 - *Richness of life and beauty of death (Elämän rikkaus ja kuoleman kauneus)*, ARMAS festival, Gallery Alli, Kerava.
 - *Aquarelle NOW (Akvaarelli NYT)*, Union of Finnish Art Associations. Arranged in conjunction of the *Juhlat/Bileet/Party/FEST/Hieje –festival* as non-stop projection, Art Center Ahjo, Joensuu.
 - *From years past (Vuosien varrelta)*, KuumArt, Kerava Manor, Kerava.
 - *See? (Näet-kö?)*, Hotel Gustavelund, Tuusula.
 - *HALOO!* Alfa Art School, Puristamo, Kaapelitehdas, Helsinki.
 - *Group exhibition*, Gallery Tärinä, Riihimäki.
 - *Artists book and installation project (Esinekooste- ja taidekirjaprojekti)*, Klementiina Hall, Tuomarinkylä Manor, Helsinki.
 - *Riihimäki Artists' Association*, Annual exhibition 2018, Riihimäki City Library, Riihimäki.
- 2017
 - *Abstract Paintings from Alfa Art School (Abstrakta målningar from Alfa Art Konstskola)*, Helsingfors Arbis, Helsinki.
 - *Espoo Art's Exhibition at PMC Polarteknic OY*, Huittinen.
 - *Riihimäki Artists' Association*, Annual exhibition 2017, Riihimäki City Library, Riihimäki.
 - *My treasures in Aapeli (Aarteeni Aapelissa)*, Gallery Aapeli, Helsinki.
- 2016
 - *Alfa Art School 25th Celebratory Exhibition*, Kaapelitehdas, Helsinki.

Competitions

- 2018
 - *Vanhankylä Manor art competition, Lovely light (Ihana valo)*, Vanhankylä Manor, Järvenpää.
- 2017
 - *Finland 100 Art Competition, Together here (Yhdessä täällä)*, Vanhankylä Manor, Järvenpää.

Works in Collections

- HUS art collection

Art Education

- 2019 onw ongoing Visual arts studies, Lapin yliopisto
Art history and art pedagogics studies, Jyväskylän yliopisto
- 2019 **Encounter Artist** (15 ECTS), Laurea University of Applied Sciences.
Visual artist (217 ECTS) Alfa Art School, Helsinki.
Empowering photography (3 ECTS), School of Vocational Teacher Education, Haaga-Helia University of Applied Sciences.
- 2012 **Creative methods in counseling specialisation studies** (30 ECTS), Häme University of Applied Sciences.
- Courses 2017 ImageOn graphics, 2015 nude painting, 2004 Vedic art basic course, Vedic art continuation course, Vedic art teacher course.

Other Education

- 2019
- 2015 **Master of Adult Education**, Tampere University.
- 2008 **Certified Work Supervisor** (Työnohjaaja, 60 ECTS), Suomen työnohjaajat ry, STORY, Diakonia University of Applied Sciences.
- 2005 **Solution-Focused Coach** (20 Study Weeks), University of Helsinki, Palmenia.
- 2004 **Legalised Teacher Certification** (60 ECTS), Helia University of Applied Sciences
- 2002 **NLP Trainer** (2001 NLP Master Practitioner, solution-focused; 2000 NLP Practitioner, solution-focused)
- 2000 **PGC in HRM**, Graduate Business School, Fac. of Business and Law, De Montfort Univ., UK
- 1991 **Master of Arts**, University of Helsinki.

Memberships in Art Associations

- 2019 Finnish Encounter Art Society (Kohtaamistaide ry), Deputy Board Member.
onw. Viipuri Art Society, Haaga Art Society
- 2018 KuumArt
onw.
- 2017 Finnish Watercolor Society, Espoo Art Association, Itä-Helsinki Art Association, Finnish
onw. Artists, Riihimäki Artists' Association.

Positions of Trust in Art Associations

- 2019 Deputy Board Member, Finnish Encounter Art Society (Kohtaamistaide ry),
onw.

The **themes** of my art arise from nature and that “something” inside and outside the human being that is difficult to express, because it is about presence and experiencing. The most likely way to reach some kind of an expression of this “something” is through abstract art, daring poetry, music, dance or meditation. This *indescribable* exists in a multifaceted and multilayered manner as inklings of thought, emotion, anticipation, stillness and rippling. It is spirituality that represents for each of us that which is most precious, most intimate and most atavistic. We are it in our daily lives and it surrounds us always. The theme is a paradoxical one: how to create representations – especially visual representations – of something that the artist herself considers almost impossible to describe. On the one hand, the theme is a very ordinary one, and, on the other, it can be considered quite lofty.

Currently, I paint using **techniques** that facilitate fast, layered work processes. Somewhat paradoxically perhaps, this type of work process is also slow and enticingly meditative because of the many phases it requires. Also *tache* is an important concept for me. This French word refers to a mark, blot, spot or a blemish. My works consist of marks that conjecture and surmise the indescribable. In doing so, the marks create one possible language of and for the indescribable. It is a language that each viewer interprets in his own way. Structural effects form another essential tool for me. I create structures with everything that I find around me. These three techniques help me attain expressions of the indescribable. Life, being, experiencing and dying cannot be illustrated or expressed through the artist’s brush only – as essential a tool as the brush is for any artist. A richer variety of tools are necessary.

Also **conceptual art** fascinates me with its immense expressive potential, which is quite different from the more traditional painting. Artist’s books and environmental artworks allow me to take up through art controversial current issues that are of personal interest to me.

I give a hint to the viewer about what a specific piece of art means to me by naming it. That name is only one person’s **interpretation**. The viewer can name it in any manner he desires – or not. It is specifically in the viewer’s interpretation process where expressing the indescribable becomes most valuable to me as the artist – as challenging as it can be to both create and view the pieces. It is in this interaction of viewing and experiencing that any piece of art gains its unique meaning – its reason for existence. The meaning does not need to be explained, because it *is* and *is being* in the moment of viewing. In this interaction, the piece lives, creates meanings and is reborn as another illustration of the indescribable in the viewer’s mind, body and life’s relationships with the organic and inorganic. My art aims to give rise to feelings, moods and bodily sensations as it interacts with the viewer.