



TECHNICAL REQUIREMENTS

Please note that the 19.6.2017/31.8.2017 updates to the Finnish rules, which are based on recent ISU Communications, should be observed. For more information, please refer to

<http://www.stll.fi/tapahtumat-kilpailut/kilpailuasiat/kotimaan-kilpailuasiat/saannot/> Categories with Finnish extended star evaluation

Categories with Finnish star evaluation B- and C-CLASS

PRE-CHICKS Girls/ Boys (born 2010 or later) (Finnish Star Evaluation)

Free skating: max 2 min, vocal music with lyrics is permitted

- single jumps only.
- max. 2 different spins with min. 3 revs.
- axel or double jumps are not allowed.

CHICKS Girls/ Boys (born 2009) (Finnish Star Evaluation)

Free skating: max 2 min, vocal music with lyrics is permitted

- single jumps only.
- max. 2 different spins with min. 3 revs.
- axel or double jumps are not allowed.

CUBS Girls /Boys (born 2008 or later) (Finnish Star Evaluation)

Free skating: max. 2min 30 sec, vocal music with lyrics is permitted

- all single jumps.
- axel and/or 1 kind of double jump can be attempted and repeated.
- 3 different spins, min. 4 revs.
- 1 step sequence utilizing ½ of the ice surface.
- 2 unsupported spirals.
- 0.5 points deduction for every missing spiral, maximum deduction -1.0.

SPRINGS B and C Girls/ Boys (born 2006 or later) (Finnish Star Evaluation)

Free skating: 2 min 30 sec +/- 10 sec, vocal music with lyrics is permitted. **Springs C is for Finnish skaters, who have not passed the tests for Springs B.**

- a maximum of 5 jump elements, 1 must be axel type jump and a maximum 2 jump combinations or jump sequences.
- any single and double jump, incl. 1A and 2A, cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences).
- a maximum of 2 different spins.
- 1 spin combination with or without change of foot (min. 8 revs). The spin must include at least two different basic position with at least 2 revs in each of these positions. Spin may not start with jump.
- 1 position spin with one foot (min 5 revs), with change of foot at least 8 revs. Spin may start with a jump. A spin may include a change of foot.
- A maximum of 1 step sequence fully utilizing the ice surface.
- A minimum of 2 unsupported spirals, both on edge and one must last at least 3 sec. Required spirals may not be in step sequence.
- Evaluated in steps, spirals and transitions, 0.5 points deduction for every missing spiral.

Pre-Young I Girls (born 2000-2005, 2006 or later) (Finnish Star Evaluation)

Free program: max 2 min 30 sec, vocal music with lyrics is permitted

- max 5 jump elements.
- At least one (1) and no more than three (3) jump combinations or sequences.
- 3 different spins (min. 3 revolutions).
- Step sequence (at least covering ½ of the ice-rink).
- At least 2 unsupported spirals.

Note: Axel and double jumps are not allowed.

For every missing spiral - 0.5 point deduction.

Pre-Young II Girls (born 2001 or later) (Finnish Star Evaluation)

Free program: max 2 min 30 sec, vocal music with lyrics is permitted

- Max 5 jump elements.

- One (1) of which can be Axel jump.
- At least one (1) and no more than three (3) jump combinations or sequences.
- 3 different spins (min. 3 revolutions).
- Step sequence (at least covering ½ of the ice-rink).
- At least 2 unsupported spirals.

Note: Double jumps are not allowed.

For every missing spiral - 0.5 point deduction.

Categories with ISU evaluation

C-CLASS

Novice C Girls, Junior C Girls (Novice C born 2003 or later, Junior C 1998 or later)

Free skating: max 3 min 10 sec, vocal music with lyrics is permitted

- a maximum of 6 jump elements, 1 must be axel type jump and maximum 2 jump combination or jump sequences.
- a maximum 1 jump combination with three jumps, 1 jump combination with two jumps.
- any single and double jump, including 1A and 2A, cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences).
- a maximum of 2 different spins.
- 1 spin combination (CoSp or CCoSp) with or without change of foot (min. 8 revs). Spin may not start with jump.
- 1 position spin with one foot (min 5 revs), with change of foot at least 8 revs. Spin may start with a jump. A spin may include a change of foot.
- 1 step sequence fully utilizing the ice surface.
- a minimum of 2 spirals, both on edge and one must last at least 3 sec. Required spirals may not be in step sequence.
- Evaluated on steps, spirals and transitions, 0.5 points deduction for every missing spiral.
- The deduction for each fall is -0.5 points/fall.
- Program component factor is 1.0.

B- CLASS

NOVICE B Girls (born 1.7.2002 or later)

Free skating: 3min +/-10 sec, vocal music with lyrics is permitted

A well balanced free skating program must contain the following elements

- a maximum of 6 jump elements, one must be axel type of jump and maximum 2 jump combination or jump sequences.
- a maximum 1 jump combination with three jumps, 1 jump combination with two jumps.
- only 2 jumps with 3 or more revolutions can be repeated in a jump combination or in a jump sequence.
- any single and double jump, incl. 1A and 2A cannot be executed more than twice in total (jumps do not need to be executed in jump combination or sequence).
- a maximum of 2 spins with different ISU abbreviations.
- 1 spin combination (CoSp or CCoSp) with or without change of foot (min 8 revs). Spin may not start with a jump.
- 1 position spin with one foot (min 5 revs), with change of foot at least 8 revs. Spin may start with a jump. A spin may include a change of foot.
- 1 step sequence fully utilizing the ice surface.
- a minimum of 2 spirals, both on edge and must last at least 3 sec. Required spirals may not be in step sequence.
- Evaluated in transitions, 0.5 points deduction for every missing spiral. Deduction (0.5) will also be made if no spiral has been attempted, if the foot is lower than the hip, if a spiral is not on edge or if a spiral is too short.
- The deduction for each fall is -0.5 points/fall.
- Program component factor is 1.3.
- In the category Novice B the required elements are in the currently valid ISU Communications (2024 and 2089 or Communications published later).

JUNIOR B Ladies (born 1.7.1998-30.6.2004)

Free skating: max. 3 min 40 sec, vocal music with lyrics is permitted

A well balanced free skating program must contain the following elements

- a maximum of 7 jump elements, 1 must be axel type of jump.
- Max. 3 jump combinations or jump sequences of which only 1 jump combination may consist of 3 jumps.

- only 2 jumps with 3 or more revolutions can be repeated in a jump combination or in a jump sequence.
- Single and double jumps can be repeated twice.
- a maximum of 3 different spins.
- Spin combination (10 revolutions) with or without change of foot.
- Spin in one position with or without change of foot, spin may start with a jump (min. 6 revolutions).
- 1 spin of different abbreviation than the two mentioned above.
- 1 step sequence fully utilizing the ice surface.
- program component multiplication factors is 1.6.
- in the second half of the program, the base value of all jump elements will be multiplied by 1.1.
- The deduction for falls is 1.0 for every fall.
- In the category Junior B the required elements are in the currently valid ISU Communications 2089 or Communications published later.

A-CLASS

SPRINGS A Girls (born 2005 or later)

Free skating: 2 min 30 sec +/-10 sec, vocal music with lyrics is permitted

A well balanced program must contain the following elements

- a maximum of 5 jump elements, 1 must be axel type of jump and maximum 2 jump combination or jump sequences.
- 1 jump combination with three jumps, other jump combination with two jumps.
- Any single and double jump, including 1A and 2A, cannot be executed more than twice in total (jumps do not need to be executed in jump combinations or sequences).
- a maximum of 2 different spins.
- 1 spin combination with or without change of foot (min. 8 revs). Spin may not start with a jump.
- 1 position spin with one foot (min 5 revs), with change of foot at least 8 revs. Spin may start with a jump. A spin may include a change of foot.
- A maximum of 1 step sequence fully utilizing the ice surface.

- a minimum of 2 spirals, both on edge and must last at least 3 sec. Required spirals may not be in step sequence.
- Evaluated in transitions, 0.5 points deduction for every missing spiral. Deduction (0.5) will also be made if no spiral has been attempted, if the foot is lower than the hip, if a spiral is not on edge or if a spiral is too short.
- Program should contain three different double jumps (not required) and all double jumps may be attempted.
- Program component factor is 1.0.
- The deduction for falls is 0.5 for every fall.