

Matkat

1 km: $1 * 1$ km

2 km: $1 * 2$ km

3 km: $1 * 3$ km

5 km: $1 * 5$ km

8 km: $5 \text{ km} + 3 \text{ km}$

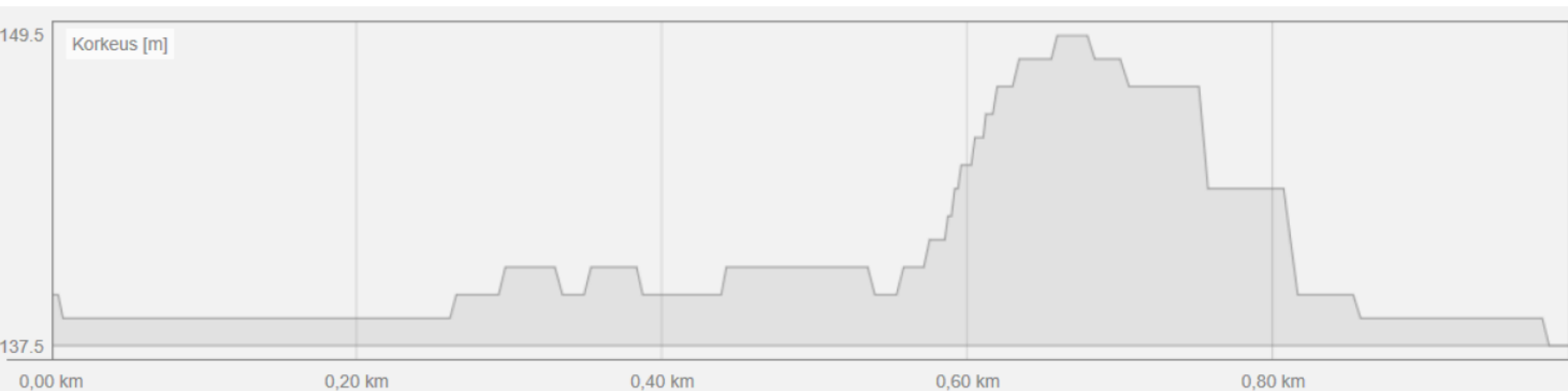
10 km: $2 * 5$ km

1 km

1Km Latuprofiili

Korkeusero:10m

10 m
Nousu

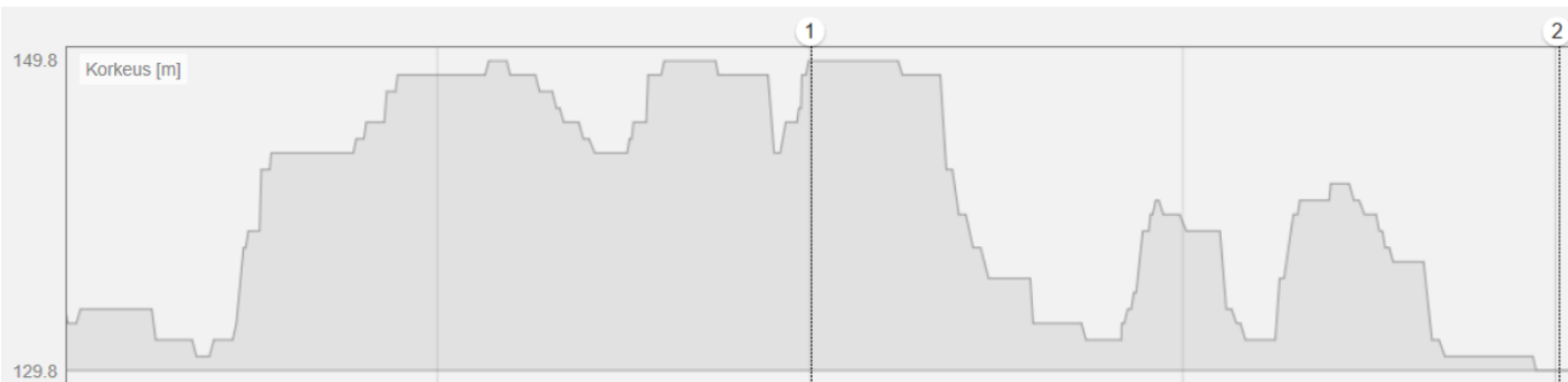


2 km

2Km Latuprofiili

Korkeusero: 20m

40 m
Nousu

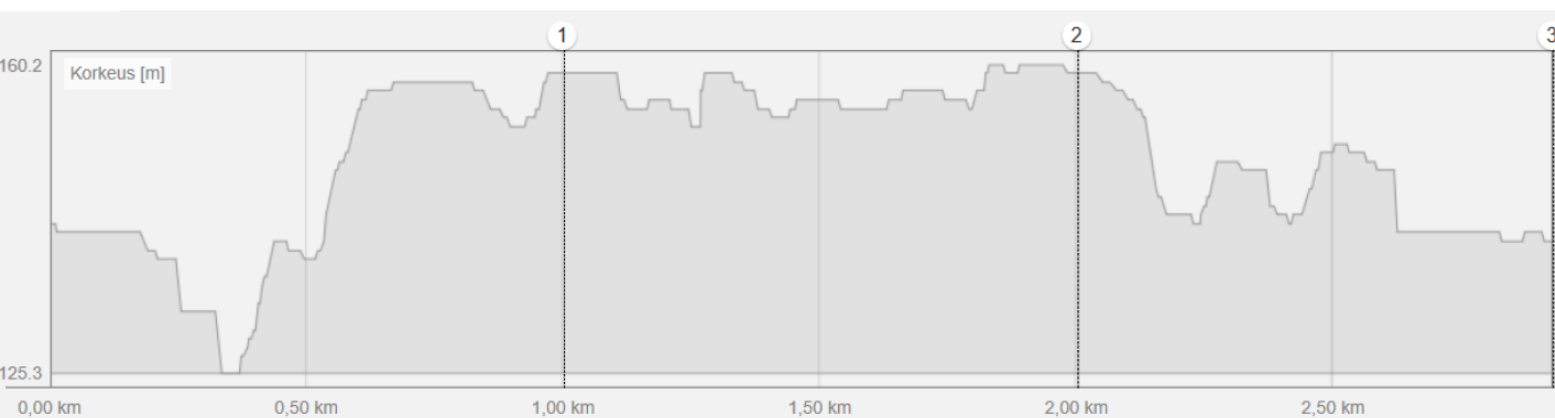


3 km

3Km Latuprofiili

Korkeusero: 34,9m

60 m
Nousu



5 km

5 Km Latuprofiili

Korkeusero: 51,1m

115 m
Nousu

