

BMW M57 Diesel R19H196/R19H186

- Hionta OEM nokka-akseliin.
- nokka-akselit ajoitetaan alkuperäisiin merkkeihin/asentoon.

INT

Clearance cold		hydr	
Clearance hot			
Duration		220	
Duration 1 mm/1 mm		186	
Max lift cam		4.66mm	
Real valve lift			
Profile		R19H186	
Valves Split tdc	after clearance setting		
Lobe angle separation			
In lobe centerline			

EXT

Clearance cold		hydr	
Clearance hot			
Duration		230	
Duration 1 mm/1 mm		196	
Max lift cam		4.95mm	
Real valve lift			
Profile		R19H196	