

What is life like in the spirit world after death?

- New information straight from the wise spirit guides



MERJA SANKELO

Preface

The mediated messages from the invisible spirit world are presented in this paper. About a year ago I was asked by Archangel Michael if I would be interested in doing this type of collaboration with the wise advisor spirits. I was told that it was time to tell more about life after death to all people living on Earth.

It was a great pleasure for me to receive this kind of an inquiry and I started the assignment as soon as possible. Four dictations were received and written down during the August of 2018. After that my life was very busy and I was not able to continue the collaboration until February 2019 when four more dictations were written down. After this, I was again very busy with different activities and the text was just waiting on my computer for something to happen.

In the summer of 2019 there was finally a peaceful period in my life and I got feeling, that I should turn to Archangel Michael for advice on this above mentioned writing task. I asked him if the spirits would still like to continue to give messages related to the topic of life after death subject. The answer was the following: "Yes, they would like to transmit one more text to you and then the assignment will be ready." The last dictation was then written down in the end of July.

Little later I was told that it would be good if people would be able to read this text easily and as soon as possible. It was agreed that I would publish the whole text on my website.

Some things are repeated quite often in this text because several spirits took turns at "speaking" to me. I hope this does not bother you too much. The repeated things are surely most important ones from the informants' point of view.

I hope you have interesting moments while reading this authentic text produced by wise spirit guides.

In the beginning of autumn 2019

Merja Sankelo



Sunday, August 12th, 2018

Life on Earth is just a temporary phase in every soul's life. The exact time when that phase ends has been pre-decided. What happens after the death of the physical body has been a mystery to people who are still living on Earth. The details of what happens after death have been kept secret, but now it's time to shed some more light on this issue.

When a soul has decided to start a new life on Earth, it has also planned what that life will be like. Nobody makes the plan by themselves. The soul's spirit guides and other wise spirits will take part in the planning process if needed. The plan will support the learning needs of the soul. Certain skills should be acquired during every life on Earth, so that the spiritual growth of the soul would occur as smoothly as possible. The soul's family and parents and the environment in which the soul will grow up will be pre-decided in the plan. The soul's future career path will usually also be decided in advance. Marriage and children are also topics that have already been dealt with when making the plan.

Because the end of life on Earth has already been decided in advance, there's no point in wasting time on different things and avoiding certain situations just because they could be somehow dangerous. It's true that while some people might survive a certain accident, others might be killed; everything happens for a reason. Everyone should live life in a way that makes it easy for them to leave or die at any point.

People should think about others and their loved ones; it should be as easy as possible for them to move on with their lives even after you are gone. This means that, for example, everything concerning work, companies, and properties should be well planned in case you

die. This way even during time of grief, the loved ones will know how to move on and what to do. It's very inconsiderate to not prepare for death when everyone knows that it will happen eventually.

Here in the spirit world we know in advance which souls will be joining us in this other reality. We can be prepared for everyone's arrival. Every soul is expected after the death of the physical body when they are about to cross to the other side. The spirit that has been chosen to welcome the soul to the spirit world, has usually already known the soul while living on Earth. The spirit guides the soul in the right direction and helps it go through the so-called gate of death, after which it's not possible to return to life on Earth. After going through the gate, there are also other spirits that have been chosen to help and guide the newly arrived soul. The way the death has occurred partly determines where the soul will go afterwards. Most of the souls will go to resting rooms where they can take their time adjusting to the new situation and receive guidance from spirits if needed.

The highest power of the universe takes care of its children both on Earth and in the other reality. When a soul has had enough time to rest after arriving in the spirit world, it's time to report how the soul has spent its time on Earth and how much it has learned from the pre-planned life experiences. Often only a fraction of the things that the soul was supposed to learn and experience actually happened during the time that the soul had on Earth. This makes the soul feel disappointment and regret. It's very important to maintain a connection to God throughout life on Earth, so that the connection wouldn't fade and it would be easier to listen to oneself, because that's how the spirit world guides us. When there's no connection, life won't go according to the plan that was made beforehand.

If the soul has not learned what it was supposed to, it will have to start a new life on Earth. This is usually not a very good thing because life on Earth is thought to be hard and there's not much love there. However, deep down every soul realises that spending certain periods of time on Earth is the only way to grow and develop. That is why eventually every soul will

voluntarily return to the physical world to learn.

Every spirit has their own tasks that make life more enjoyable here in this other reality. Everyone has also their own apartment where they return to after work every day. The concept of time is different here, but there are certain periods of time for different things like work and leisure, though. Spirits also rest in their own way and don't do anything for a certain period of time. Spirits also need nutrition, but it is not the same as the food on Earth. Nutrition is necessary, because spirits get energy from it and it helps them to do different things, like to work, think and communicate with other spirits.



Sunday, August 19th, 2018

Life after death is very different compared to life on Earth. While living on Earth, people are able to use only a small percentage of the knowledge, experience and skills that the soul has acquired during all the lives that it has spent on Earth. But when the soul leaves the physical body, it is once again able to use all of the knowledge and experience that it has. The soul understands the positive and the negative factors of its previous life and is able to realise what went wrong and what went well.

After death, spirit guides help the soul to go through and analyse the life they lived on Earth. After that they start to think how the soul should spend the time in the spirit world, so that it would continue to develop even after death. Some souls end up helping others, some of them start teaching or building different things and others will work in an office, etc. Here in this other dimension there are various tasks to choose from. It's also possible that after a very rough life the soul needs a longer resting period during which it won't have to do anything, so that it's able to focus on fixing itself with music, art or culture.

God has taken care that people don't know much about what happens after death. Now we think that it's time to tell people something about it, so that even the non-believers could start to believe that there is life after the death of the physical body. The soul will continue its eternal existence in another dimension. Describing life after death by using earthly concepts is quite difficult but not impossible.

After all the welcoming ceremonies and deciding where the soul will go next, life returns to normal. There will be certain everyday routines. The concept of time is different here, but we do separate work from freetime and the time we use for sleeping here as well. In earthly terms, they are called morning, day, evening and night. So, we have four different time periods that occur repeatedly in the same rhythm.

The spirits that go to work in the morning, spend a certain amount of time there and then leave and spend the remaining time resting and doing what they want. The spirits that stay home take care of other spirits, so that they can continue working without too much stress. Then there are also those spirits that need to be at a hospital or other places where they are able to heal and reach a state that enables them to live a normal life. Nobody gives birth or dies here; everyone is alive the whole time. The changes that occur here are caused by someone starting a new life on Earth or someone returning after death. This type of "traffic" is quite active and requires organising, supervision and guidance, in order for everything to go as planned. Spirits live their lives in different communities, so that everything can be controlled more easily. Some changes occur within the communities as well; sometimes spirits want to switch to a different community for different reasons. One decision that needs to be made after death is where one wants to live.

Moving from the Earth to this other dimension can be either easy or difficult. When a spirit that is living on Earth already knows what will happen after death, it will be easy for it to arrive in the spirit world after death because the spirit won't be surprised by it. It would be exactly what the spirit had expected. A spirit that does not know much about the afterlife will

be confused and in disbelief about its own existence after death and will just wander around aimlessly because it won't know where to go or it won't be willing to follow the guidance that it receives. This phase of aimless wandering can be short or long depending on how developed the soul is. However, eventually everyone will end up exactly where they were meant to end up.

According to God's master plan, a spirit that has been given a life will have to go through various phases in order to develop and eventually achieve perfection and goodness. This development will occur both in the invisible spirit world and in the visible physical world on Earth. Everything will happen under some type of guidance. The highest power of the universe will only be used by the Creator, that has many different names. The Creator has created a hierarchy to make the guidance and the supervision of the spirits' development process easier. He has created each and every spirit that works in the hierarchy and will go through the development processes. He has also created the frames for every stage of the spirits' development and He has also created all the planets, including the Earth. The spirits that have to go through the development process need to move between the spirit world and the life on Earth until they have become perfectly good. After that they won't have to return to Earth unless they have a special reason to do so.

There's a hierarchy in the spirit world that everyone needs to follow. When living on Earth the spirits will need to follow the hierarchy created by humans. However, the Creator won't abandon the spirits while they live on Earth. They can always turn to Him and ask for help and guidance for different situations. This is the simple truth, but it's kept hidden from all the spirits that are starting their lives on Earth. That information needs to be found out again everytime a spirit returns to Earth. Everyone needs to come to that realisation on their own. Not everyone will find the information, though. That's because they don't listen to themselves nor do they follow the guidance that they receive. Every human and spirit receives guidance from the spirit world, but they just need to learn to notice it.

Too many people live their lives without having a connection to the spirit world or without even acknowledging its existence. That is why so many people have problems in their lives. Some people can't find a purpose for their lives because they don't understand the big picture. Luckily there are also those who have found out the truth and want to develop and grow. They also want to actively stay connected to their guides in the spirit world.



Thursday, August 30th, 2018

It's important that people live their lives on Earth so that they can be content about it even after death. Unfortunately, many spirits realise after crossing to the other side that they didn't live their life as they had planned. In that case, the spirit will be disappointed and understands that they have wasted one of their lives on Earth and that the life has not promoted their spiritual growth at all. There are also spirits that are happy after crossing to the other side when they realise that they have lived their life nearly exactly as planned and they have learned and developed; sometimes even more than had been expected.

Sometimes a spirit commits suicide. They will be disappointed in themselves here in spirit world because they understand that they have ended a life that had been given as a gift and deprived themselves of the opportunity of developing spiritually.

The Highest power of the universe loves every spirit that it has created and only wants good things to happen to them. He forgives a lot of things if He notices that the spirit sincerely regrets all the bad things it has done. Everyone will be given a second chance in order to develop spiritually. Sometimes it takes a long time to see any improvement in the spiritual development, but then there are also periods when development happens very fast.

Everything depends on the spirit's willingness to grow in order to achieve goodness. Sometimes something is just so important that if the spirit would have to let the thing go in order to continue growing, it might want to stop and remain in that same stage and not continue growing and facing new challenges.

There aren't many people who are completely alone and separated from other people. That is why the choices and decisions we make can affect other people as well. Other people's opinions can have a restricting or a positive effect on our lives. Therefore it's important to follow the pre-decided life plan, so that we won't give other people's opinions too much power. Everyone should make their own decisions based on what they think is right. When you listen to yourself and your feelings, you stay on the right path your whole life. Sometimes this means that you need to consciously hurt your loved-ones' feelings or disappoint them. Everyone should understand, however, that people always do what's right when they are listening their feelings. That's why you shouldn't get angry if your loved one makes a decision that is not what you had suggested. No one knows another person better than they know themselves. Only they can tell what's right for them. In order to avoid conflict it would be good to learn to explain to others why you have made a certain decision. An open discussion helps people understand each other and the choices they make.

All spirits that have taken human form are in the same situation. That is why it's important to always respect everyone's opinions; in all events and matters. One could say that respecting others is the most important skill that is required for good communication. Telling other people what to do is not a way to show them respect. If a person is very bossy, it reflects that he believes to be superior to others and have the right to boss people around. However, that is not the case because God has created everyone equal. Especially people in powerful and leading positions should always remember that. That way there would be less conflict between employers and employees. When a person has lived his or her life following this basic principle, he can be content with his life even after death.



Friday, August 31th, 2018

By the grace of God every human is given possibilities to learn and grow spiritually both on Earth and in the invisible world. God has created every spirit and given them a task to become perfectly good, so that they would not hurt themselves or others. This task is hidden from everyone after coming on Earth and they need to find out about it time and time again. Finding out about this task happens after going through many different phases. People receive guidance that helps them move towards the understanding of spiritual growth and if one starts listening to it, they can find out about the development task already at a young age. However, it's quite common that people won't realise this until they are middle aged or older. Some people won't find out the truth until they have spent a couple of lives on Earth. Understanding the development task only happens after a spirit has reached a certain level of spiritual growth. Because spirits that have taken human form are in different stages of development, they are at very different ages when they realise the truth. That realisation is always a sign that a soul is mature.

When a person knows what the meaning of life is, his or her everyday life can change radically. The person starts to view his life, actions and relationships in a different way. Doing good things, helping others and bringing pleasure feelings to others becomes important and the person is very critical about every bad thing he does. Living in love and showing love to oneself and to others becomes one of the most important challenge in life. It is obvious when there are many people who think same way, that positive changes start to happen in everyone's life. At the moment, only a few people have been awoken to love awareness, but there will be more of them in the future because every spirit will eventually become perfectly good.

Being awoken to love awareness requires that people spend time doing what interests them and read literature that supports their spiritual growth. Everyone develops differently and everyone has to go through their own obstacles. Everyone's development path is different and everybody is guided through different experiences and snags, but the destination is the same for everyone.

When a spirit that has been awoken to love awareness arrives in the spirit world, it can be happy about the life it lived on Earth, but the spirit can also be disappointed in some things, especially those that happened before becoming love aware. Here in the spirit world, the spirits that have become love aware and have worked hard in order to grow spiritually, have their own communities. These types of communities are peaceful and surrounded by love, and everyone is happy. The spirits support each other's spiritual development in these communities. This could also be possible on Earth, as in, people who know what the meaning of life is, could spend more time together. That way they could support each other and share experiences of what it's like to walk along the path of love. It is important for spirits living on Earth and in the spirit world to interact with others who are like-minded. This way life on Earth is easier and less lonely. It also makes life more enjoyable and happy.

There are only a few communities where all the members are spirits that have been awoken to love. Most of the communities that have an emphasis on spiritual development are only focused on sharing information instead of supporting those who already know what the purpose of life is. Some communities are focused on the methods that can be used to connect with the spirit world. These kinds of communities have forgotten the fact that a soul should have reached a certain level of maturity before it can start learning about those methods. This level of maturity will not be reached by taking certain courses about it. The only way to do it is by making personal choices about what is important in life and what is not. The only people who should be allowed to take these method courses are those who have shown in interviews that they understand the importance of spiritual growth. Taking

these types of courses won't necessarily help people to find the meaning of life, but they do make it a little bit easier to understand it and they help people to grow spiritually.



Thursday, February 7th, 2019

Life is a gift for which everyone should always be grateful. Life on Earth should be spent according to the plan that was made beforehand in the spirit world. In order for life to turn out the way it was planned, everyone should reserve some time for thinking about own life. When people are very busy, they don't usually have much time to think about life and that could lead them to making wrong choices and decisions.

When life ends and we return to the spirit world, the better we have lived our life following our life plan the more content we should be. If we have not followed the plan at all, we will be disappointed and angry at ourselves for wasting the time we had on Earth.

When people are happy and content while living on Earth, it's very possible that they are listening to themselves and following their life plan. But when they are unhappy and haven't reached their goals and dreams, it means that they have not lived the way they should have. Everyone has their own dreams and people should pay attention to them because usually they are connected to their life plan. The Highest power of the universe has decided and planned that everyone will be born with dreams that are buried deep within them, and when people realize what their dreams are they are also able to find the main parts of their life plan. Some people are more strongly aware of their dreams than others but everyone will find their dreams if they just stop to think about what they want from life, what it should be like and what things they find important.

Stopping and thinking is a part of life on Earth. Life shouldn't be taken for granted and it shouldn't go to waste just because a person doesn't take their life in their own hands. Everyone knows best what makes them happy. That is why we shouldn't listen to other people's opinions too much because they will never understand our needs and wishes completely.

Here in this invisible spirit world we also live by following our development plan. Here we continue the journey that we started on Earth. Because we can't have all needed experiences here in the spirit world, we need to return to Earth in order to experience the things that aren't possible here. As mentioned earlier, after the death of the physical body, the soul will exit the body and go through the gates of death to get to the other world in the universe. The soul will be welcomed and guided to a right and suitable place where it can rest for as long as needed. After that the spirit guides will have a conversation with the soul during which they go through everything that happened on Earth and decide what would be the best way to continue learning and growing. Sometimes the soul has to return to Earth immediately to continue learning and sometimes the soul needs to do certain tasks in the spirit world. They will have this sort of discussions every once in a while in order to make sure that the soul continues learning and developing. The "teams" have moments of joy when the soul has reached the ultimate level of development aka perfect goodness. This is some kind of crown after a long development career. After reaching that goal, the soul will move on to another level in the spirit world. There are several levels in the spirit world, so even after becoming perfectly good the spirit will continue developing and reaching new levels in the spirit world. Thus also reaching a higher status in the spirits' hierarchy. The spirits that have reached higher levels in the spirit world can visit the lower levels and teach spirits that are still on those levels. Those visits are always welcome and bring joy to the spirits' everyday routine. Usually the visits are planned, so the spirits on the lower levels are able to be prepared for them. For example, the spirits that need to attend the lecture will be able to take time off from work.

Most people are usually married to someone when they are on Earth and they will both eventually arrive in this spirit world. If the married couple had been in love they will be able to continue their life together in the spirit world, but only if they are on the same level of spiritual development. If one of them is on a higher level than the other, the couple will live in different communities, but if they want to they can visit each other every once in a while. One of the couple may return soon to Earth and therefore they might have to spend a long time apart from each other. During the circulation of lives on Earth we live with different persons and in different countries and the connections with other spirits are formed only randomly or by chance. It's quite difficult for us to keep in touch with everyone. However, spending time together on Earth does make us feel more connected to some of the spirits that we meet along the way, and we always try to catch up with them when we get a chance.

If a couple is on the same level of spiritual development, there is more opportunities for them to spend time together in the spirit world. Spirits can try to plan their learning and development similarly with their spouse and they can even return to Earth at the same time; usually in different roles and in different environments, though. Sometimes they can even end up in the same family with their spouse. This depends on the depth and quality of the spirits' connection with each other. Sometimes two spirits feel such a strong connection that they want to build their spiritual development tightly together.

It's important that everyone lives their daily life in a way that makes it easy for them to be content with every single moment. When people experience several good moments in their lifetime, they will be happy when they move on to the spirit world. However, many people don't know the truth about life and that is why they are sad and disappointed in the way their life turned out when they arrive in the spirit world. Now it's time to enlighten people about life and tell them about the eternal existence of the soul.



Friday, February 8th, 2019

The Highest power of the universe has created in his wisdom a wonderful and a complicated reality for every living thing. This reality in its totality is still unknown to everyone else except for the Creator himself. Only small parts of it have been revealed a little at a time to certain groups of people. All of these revelations have been carefully monitored and planned and new pieces of information will only be revealed when it is a right time and this information will have a real meaning for all existence. People are not wise enough to be able to combine all the pieces of information and that is why they will never find out the whole truth. People have tried to do it countless times and many of the attempts have led people astray. A lot of information about the meaning of life and God's creations is still unknown to us, so we just need to stay humble and appreciate the information that has already been revealed to us. Some parts of the truth will be revealed when needed and everyone should just accept the fact that we will never find out the whole truth and trust that we will be taken care of and that everything happens according to God's plan. People should focus on their own learning process on Earth instead of spending too much time on finding and analyzing the information that has been revealed or wondering where are the lacking pieces of information. If someone needs specific type of information about something in order to reach a higher level of spiritual development, they will eventually find the information if they just follow and listen to the guidance that they receive.

The plan that every soul needs to develop until it becomes perfectly good, makes people's lives quite complicated. There are certain elements included in the plan that help the souls search for information during their learning process. No one has to be alone because there is a complicated helping structure created around the spiritual development process. Help is offered to support everyone's learning process. Spiritual development mainly occurs in the

physical and the spiritual worlds and they are connected to each other. The physical world is sort of a testing arena where spirits go to learn certain things voluntarily. When they return to the spirit world everything that they experienced in the physical world is discussed. If for some reason the spirit didn't learn much, it will return to Earth almost immediately to get new experiences that help the spirit to learn and develop spiritually. Everything that spirits need to learn is written in a holy book named Akasia and only the chosen ones are allowed to read the book and discuss the things that have been written in it. When people stop and think about themselves, how they act in different situations and with other people and what kind of a relationship they have with the Highest power, they will know what they still need to learn. Every experience is supposed to teach people something and people might have the same experience multiple times until they have really learned what needed to be learned. People can find out what they still need to learn by making conclusions based on their own experiences.

People can also have special tasks on Earth. Those tasks are given to the souls who have proved to be capable of completing them. A soul or a spirit has accepted those tasks before being born in the physical world and they have also agreed on which spirits will help the soul with completing the tasks. People will eventually find out what those tasks are because they are usually passionate about the things that have something to do with the tasks. They are always on the person's mind until he or she actually starts to actively do something about them. When the tasks are being completed, people feel happy and satisfied because they know that they are doing exactly what they were meant to do on Earth. Dreams, which people have in their mind, help people to complete their special tasks as well.

When a soul arrives in the spirit world after the death of the physical body, it first needs to rest and go through everything that had happened in the physical world. After that the soul reaches a new phase in which it starts learning new things again. New tasks that will be completed here in the spirit world are assigned to the soul based on its learning needs and the soul's development is assessed and discussed regularly with the wise spirit guides.

Everyone wants to develop here because every aspect of the soul's life that needs to be developed is exposed to others, unlike in the physical world where the soul needs to find them out again every single time.

Here in the spirit world, every spirit lives in a community that was chosen for them. There are many different types and sizes of communities. When one understands that every soul and human that lives or has lived on Earth returns here and they all need to have a place to live, he or she realizes the enormity of the spirit world. Usually the soul and the guide spirits are able to find a place for the soul to live quite easily. Being a spirit is much easier here than it is on Earth. Distance is not a problem because spirits are able to travel from place to place at the speed of thought. The physical body is not an obstacle for the communication between spirits; everyone can read the energies surrounding the spirits and that's how the spirits' levels of development are exposed. Level of development is one of the factors that separate the communities from each other. Everyone is happy when a spirit gets to move to a community for spirits that have reached a higher level of spiritual development. The spirit guides that serve as a guide and a supporter for others have an important role in the communities. Everyone can talk to them about anything; also about the daily life with other spirits. Communication is very important both in the spirit world and on Earth when trying to become good.

According to God's plan, everyone's spiritual development happens at it's own pace and it's affected by many different factors. Every spirit has their own kind of energy and personality that define how the spirit acts during its existence. There are spirits whose basic energy is slow and calm and then there are also spirits whose energy is very lively and bubbly. So, there are calm spirits and restless ones who need action and activities all the time. The calm spirits develop slowly but surely and the restless ones are constantly trying to find new challenges and experiences because they want to develop fast. However, every spirit needs to go through the same learning experiences.

In the spirit world, the spirits work, rest, eat, drink, communicate with other spirits and sleep. Every spirit has a home that they share at least with one other spirit. Usually they share the home with several other spirits. The spirits leave their home in the mornings to go to work or they stay home to rest or do chores. Work in the spirit world is very similar to the work in the physical world. There are organizations, factories, shops and firms etc. here. Many spirits work as caretakers because every time a new spirit arrives in the spirit world it needs to be healed and taken care of before it can start a normal life. Some spirits have careers in art and culture. Other spirits enjoy their music, artworks, poems and stories. Usually, a spirit that is very creative wants to have a creative job both in the spirit world and on Earth. Everyone gets a job that they like. Action is one of the basic elements in the universe that was created by the Highest power. Spirits switch between action and resting or sleeping. Spirits don't work all the time.



Saturday, February 9th, 2019

Love is the foundation of life. There is nothing without love. The Highest power of the universe created love energy and wants every spirit to find love and to live a life filled with love. Love is a powerful energy that wins all other forms of energy. The Highest power has also created the other forms of energy which are important as well. The so called universal energy includes love and other forms of energy. Healing energy is one of the forms of energy. When a person has a connection and touch with the universal energy, for example during meditation after reaching a certain energy level, he or she can feel the effects of the healing energy. The universal energy is also filled with the kind of energy that helps people think creatively and come up with new ideas. People are able to feel this kind of energy as well when they are connected to the universal energy that is surrounding them.

It's important that a spirit that is on Earth is regularly in touch with the universal energy that connects everything, because without it the spirit doesn't feel like it belongs anywhere and like it doesn't have a purpose in life.

When the Highest power of the universe created every living thing He thought that a spirit that has been sent to the Earth to develop needs support and that is why He created the possibility to be connected to the universal energy during that period of time in the spirit's life. However, it seems like many spirits find it difficult to remember that even though they are reminded of it before leaving the spirit world.

Spirits can learn during their time on Earth even without finding that important connection, but it would be easier for them if they were able to find it and kept it up regularly. People are awoken and guided in order for them to find the connection, but they are usually too busy and ignorant that they don't notice the loving guidance that they receive. Some people do notice the guidance; some at a very young age and others won't notice it until right before death. It's important that besides the spirits who are reminding people in the spirit world, there are also spiritually developed souls on Earth that are able to remind people. This type of activity is based on the joy of doing good things for others.

You asked about how a spirit gets a certain kind of a personality on Earth. Spirits have a basic energy that is unique and that distinguishes him from others. That energy also shows others which spiritual development level the spirit has reached. When a spirit reincarnates and is born in the physical world it receives a so-called personality body. It is suitable for the child's family. This personality body is well thought of and planned beforehand, so that it would support the spirit's learning experiences and needs as well as possible. During that planning session the personality of the spirit has also been chosen, so that the spirit's spiritual development would continue smoothly. The spirit's earlier stages of development and the periods of time that it has previously spent on Earth also have an effect on what kind of a personality the spirit has. It's very difficult and almost impossible to put into words what the

complicated and continuous planning process is like. The most important thing to know is the fact that the spirit leaves the personality body behind when it returns to the spirit world. Here the spirit only has its basic energy that changes based on the spirit's development toward goodness and perfect love. For example, a person that is negative and complains about everything in the physical world will stop being negative when he or she arrives in the spirit world. It's just a personality model that was created for the person and it can become more positive already in the physical world if the person realizes that positivity creates positivity and negativity creates negativity. So, everyone has their own personality body in the physical world that can change based on experiences, but it will disappear when spirits return to the spirit world.



Sunday, February 10th, 2019

The Highest power of the universe has created a reality that only He is able to understand. Some pieces of information about the reality have been revealed to us but most parts of it are still unknown. That's why it's important that people don't waste too much energy on searching for the information that hasn't been revealed and instead be content with what we know without any doubts. Everything will be revealed when it's time and not a moment sooner.

However, there already is quite a lot of information on what a good life is like both on Earth and in heaven. A good life is full of love and there's no room for ill will or hate towards others. Spiritual growth means that a spirit or a human try to get rid of all of their own bad characteristics and negative reactions. This requires self-reflection in different situations and an assessment of how one has acted and reacted in those situations. Life shouldn't be built too busy, because it's important to reserve some time for stopping and self-reflection every

once in a while. Life is meant for learning and developing and not just for enjoyment and having fun, even though that's important, too, because it keeps people happy. People and the souls are supposed to be happy on Earth. Our Heavenly Father doesn't want his children to be sad. He wants us to be cheerful and happy. Spiritual development makes people glad and happy because every goal that they achieve will be noticed and rewarded in the spirit world. Even the attempt will be rewarded even if the person hasn't quite learned everything that he or she was supposed to.

Everyone has their own kind of a learning environment depending on what level of development the spirit had reached before returning to Earth voluntarily. That's why everyone should be accepting and understanding of, for example, their childhood environment; it was exactly the kind of an environment that was needed in order to develop. Life will turn out the way people want it to; everyone is responsible for their own life. People get to make their own choices and decisions about their life. However, the life's main events have already been decided beforehand; people have an internal need to do and experience certain things, etc. There are a lot of things in life that people can decide to do or not to do. This makes life an exciting adventure for people themselves and their helpers in the spirit world. Sometimes the people that we are guiding make choices that annoy us and sometimes they make choices that make us happy.

Here, we are aware of the consequences that people's decisions have. For example, when making important decisions, people should ask for help and guidance from their spirit guides. That way people would be able to avoid mistakes that cause them to move in the wrong direction and thus won't be able to reach their goals. One can receive guidance by listening to their inner voice, emotions and by communicating with us. We are not aloud to help too much but in important situations we can help people to make the right choice. The most important thing for everyone is that life goes according to plan and that people have the learning experiences that they need, so that they can move forward in their path of spiritual development.



Wednesday, July 31th, 2019

The death of the physical body isn't the end of life, it just continues in a different form. Many people find this difficult to believe and understand. That is why there are a lot of spirits that arrive here in the spirit world and are surprised by everything that they see or experience. Eventually everyone accepts their new state. When people are on Earth they should just focus on the life that they have there. It's good to be aware of the afterlife, but the most important thing is to focus on learning and developing. Most people realize what the main purpose of life is when they are old but some might find out about it earlier. It all depends on the spirit's level of development. There are people on Earth at the moment who have reached different levels of spiritual development. There are still a lot of those who are still at the beginning stages of development, but luckily there are also those for whom this life on Earth will be their last one because they have already learned everything that they can and they will continue developing here in the spirit world.

It would be important for people to realize how big of a gift life on Earth is and the possibilities that it offers for spiritual development. People should take learning seriously and that requires stopping and thinking about life. They should also learn to listen to their inner guidance that their spirit guides try to give them. No one has to be alone unless they want to. We will offer our help and guidance anytime people ask for it. Everyone's development is monitored and people get new opportunities if they reach their development goals. Sometimes even we helpers are pleasantly surprised when a person has reached a new level of development faster than expected.

Life here in the spirit world is safe and loving and we care about each other. Everyone can talk about their opinions openly and receive support and guidance from spirits that have

reached higher levels of development; they are also called "adviser spirits". Everyone feels the need to develop here and they find that task important. However, many people seems to forget that when they return to the physical world; often for their whole life. After that period of time on Earth ends, the spirit will be disappointed in itself and it's sad about the missed opportunity to develop. Usually a spirit like that wants to return to Earth as soon as possible and fix the situation.

So, it's important to believe and understand that life doesn't end after death, it just continues in a different form in the invisible spirit world. We have now told you everything we can about the spirit world. This was all we were allowed to reveal.

We thank our contact person for letting everyone read everything that we have said. That is important because we want as many people as possible to be awakened by this and to start their path of spiritual growth and development. We wish you all love and peace and be kind to one another during your staying there on Earth.
