

Therapy Deck by Ateljee Oili

Therapy Deck by Ateljee Oili consists of two card series. Each series, A and B, has 100 cards.

They are designed to work as separate entities, but they are at their best when you use them together –as pairs. All photos are taken by Ms Oili Niittynen.

How to use the cards? Examples

- Select (alone or inside your small group) a card / cards which describes...agreed-upon topic.
- Choose one card and hand it to some person that you have selected. Tell him/her why you gave just that picture.
- Choose a card which makes you think some particular thing.
- Which card describes your situation?
- What are your strengths?
- Which photo describes your problem? Try and find another photo where you can see your problem solved.
- Choose a picture and introduce yourself

- Describe in Finnish (or another language) what you see in picture!
- Choose a card with picture that is like your work or line in business!
- Choose a card with picture that is like your workplace atmosphere
- Which type is your child (friend, housemate, your ex, leader, some special person)? Explain what you mean by referring the picture you selected.
- Describe your group with the help of picture.

- How do you see your future? In which direction do you want to go? Select an image accordingly.

- Working in pairs:
One of you has a deck A and the other deck B. Take a card of the same theme and compare them telling each other viewpoint and understanding of the subject.

- Working in pairs:
One of you picks a card from his/her own pack, making question and the other person looks for the card describing the response.

- Select a group of images. Tell a story related to these images.
- The group may perform a play. The plot progresses when pictures are selected more in line with the drawn card and images.

Product information

Both series consists of 100 therapy cards corresponding 100 different topics. First card from deck A ja B forms a pair, second cards can be used as a pair and so on.

The cards can, if required, be numbered manually. This will facilitate the organization of the decks after use.

Color picture cards size of 100 * 150 mm and made of cardboard Savvibrite 290g. Guaranteed Finnish made. Storage box is sturdy plastic and has a durable easy-open lid. The box is made in Finland. Weight 550 g.

Homepage with pictures oili.niittynen.fi/terapiapakka

Oili Niittynen
Artist, photographer
oili.niittynen@gmail.com
+358 40 545 1896

Ateljee Oili
Jermuntie 26, 21260 Finland

