

## CHANGE IS POSSIBLE

### Service guide

Outpatient clinic for substance abusers and their family members Suokatu 23, 70100 Kuopio. Assessments of drug and alcohol use and plans for treatment are made in multidisciplinary teams of clinicians together with the patient.

The foundation Päihdepalvelusäätiö offers also support on recovery counselling in patients' homes and educates professionals who encounter substance abusers in their work.

#### The outpatients' clinic is open

Mondays- Thursdays at 8.00- 15.30

Fridays at 8.00- 14.00

Suokatu 23, 70100 Kuopio

#### Contact us:

Phone number referring to patients under 23 years of age: +358 447183671

Phone number referring to patients over 23 years of age: +358 447183672

Phone number referring to patients with iv drug use : +358 447181360

Phone number referring to schooling or the support services provided in patient's home: +358 447186087

### Inpatient drug and alcohol rehabilitation

Inpatient addiction treatment in round- the -clock rehabilitation ward supports patients. It can suitably be arranged to meet the needs and circumstances of the patient in collaboration with outpatient care. The four-week rehab can be divided into smaller periods according to the patient's needs.

#### Mäkikatu 11

1.st floor, 70110 Kuopio

Contact us:

+358447183674

## Inpatient drug and alcohol detoxification

The services of detoxification ward are designed to stop substance abuse spiral and to tend to the withdrawal symptoms. The course of treatment is planned together with the patient. The focus is to create the basis for physical, psychological and social rehabilitation of the patient.

### **Mäkikatu 11**

2nd floor, 70110  
Kuopio

Contact us:

+358447183684

Alcohol detoxification includes treatment of the withdrawal symptoms of long term excessive drinking. Plans for post-treatment continuing care are also made together with the patient. Duration is 5-7 days.

Drug and / or multi substance detoxification (duration 2-4 weeks) is designed to treat the withdrawal symptoms according to the substances the patient is addicted to. Post-treatment continuing care is likewise arranged in cooperation with the patient.

## Portti

### Center of health counselling for iv drug users

Phone number: +358 44 7183696, no prior appointments necessary.

Free and anonymous service, possibility to get clean syringes, needles and other instruments for intravenous drug use. Possibility to get hepatitis A and B vaccinations and referrals to HIV tests. Possibility to discuss confidentially with counsellors and receive advice and guidance to other health services.

### **City center**

Vuorikatu 31-33

**Open:**

**Mondays at 14.00-16.00**

**Tuesdays at 16.00-18.00**

**Thursdays at 13.00-16.00**

## **CHANGE IS POSSIBLE!**

It is possible to recover from alcohol and drug dependency. Päihdepalvelusäätiö provides special services for addicts and their families. Our professional staff is specialized to identify, treat and rehabilitate addictions. We know it is useful to treat addictions and possible to recover from them.