

CHANGE IS POSSIBLE**Service guide**

Outpatient clinic for substance abusers and their family members Suokatu 23, 70100 Kuopio. Assessments of drug and alcohol use and plans for treatment are made in multidisciplinary teams of clinicians together with the patient.

The foundation Päihdepalvelusäätiö offers also support on recovery counselling in patients' homes and educates professionals who encounter substance abusers in their work.

The outpatients' clinic is open:

Mondays- Thursdays at 8.00–15.30.

Fridays at 8.00–14.00.

Contact us:

Phone number referring to patients under 23 years of age: +358 40 7103511

Phone number referring to patients over 23 years of age: +358 40 7103506

Phone number referring to patients with iv drug use : +358 40 7103514

Phone number referring to schooling or the support services provided in patient's home: +358 40 7103503

Inpatient drug and alcohol rehabilitation

Mäkikatu 11, 1st floor, 70110 Kuopio

Inpatient addiction treatment in round- the -clock rehabilitation ward supports patients. It can suitably be arranged to meet the needs and circumstances of the patient in collaboration with outpatient care. The four-week rehab can be divided into smaller periods according to the patient's needs.

Contact us:

Phone number: +358 40 7103525

Inpatient drug and alcohol detoxification

Mäkikatu 11, 2nd floor, 70110 Kuopio

- The services of detoxification ward are designed to stop substance abuse spiral and to tend to the withdrawal symptoms. The course of treatment is planned together with the patient. The focus is to create the basis for physical, psychological and social rehabilitation of the patient.
- Alcohol detoxification includes treatment of the withdrawal symptoms of long term excessive drinking. Plans for post- treatment continuing care are also made together with the patient. Duration is 5-7 days.
- Drug and / or multi substance detoxification (duration 2-4 weeks) is designed to treat the withdrawal symptoms according to the substances the patient is addicted to. Post- treatment continuing care is likewise arranged in cooperation with the patient.

Portti**Center of health counselling for iv drug users**

City center

Vuorikatu 31–33

Open: Mondays at 14.00–16.00

Tuesdays at 16.00–18.00

Thursdays at 13.00–16.00

Phone number: +358 40 7103518 no prior appointments necessary.

Free and anonymous service, possibility to get clean syringes, needles and other instruments for intravenous drug use. Possibility to get hepatitis A and B vaccinations and referrals to HIV tests. Possibility to discuss confidentially with counsellors and receive advice and guidance to other health services.

It is possible to recover from alcohol and drug dependency.

Päihdepalvelusäätiö provides special services for addicts and their families. Our professional staff is specialized to identify, treat and rehabilitate addictions. We know it is useful to treat addictions and possible to recover from them.

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